Understanding The Basics of Radioecology



What is radioecology Mechanisms of bioaccumulation Dose and Exposure

What is Marine Radioecology?

- A specialized discipline of marine ecology which studies how radioactive substances interact with the marine environment, and how different mechanisms and processes affect radionuclide migration in the marine food chain and ecosystem.

- Includes aspects of field sampling, designed field and laboratory radiotracer experiments, the development of predictive simulation models, and dose assessments to man and biota.

- Requires basic knowledge of biology, ecology, chemistry, geology, biogeochemistry, oceanography, and radiation protection.

I. Sources



III. Bioaccumulation



II. Humans



Ecosystem <u>http://www.farmingtonglenn.net/why-i-believe/</u> Crowd : http://blog.world-first.co.uk/wp-content/uploads/2011/11/Crowd-of-people-at-airport.jpg

IV. Risk Assessment/ Management



I. Sources: There are three major sources of radionuclides that enter the Marine Environment:

- U-Th series radionuclides created during element formation and now produce a series of "daughter" radionuclides via radioactive decay. Examples: ²³⁸U, ²³⁵U, and ²³²Th
- 2) Cosmogenic Radionuclides continuously being created by cosmogenic rays that interact with materials on Earth. Examples: ¹⁴C, ⁷Be
- 3) Artificial Radionuclides being produced by mainly past bombtestings, reprocessing plant discharges, nuclear accidents. Examples: ⁹⁰Sr, ¹³⁷Cs, ^{239,240}Pu, ²³⁸Pu...

These radionuclides enter the marine system as both point and nonpoint sources and their distributions are controlled by their reactivity (both chemical and biological) and their half-lives.

II. Lets's first go to the dose calculations to human What is radiation?

Radiation is energy in the form of high speed particles or electromagnetic waves. It can be ionizing or non-ionizing. Non-ionizing radiation lacks the energy to alter atoms (e.g., visible light and microwaves). *Ionizing radiation has enough energy to change normal cellular functioning.* Ionizing radiation may cause cells to die or transform into a cancerous cell. Ionizing radiation is categorized by its strength or energy level:

"excitation of electrons" High Energy



Low Energy





II. Human

DEVELOPMENT OF INTERNATIONAL STANDARDS



Radiation Dose Concepts

- Adsorbed dose (Gray, Gy) is absorption of radiation energy per unit mass of tissue. 1 Gy = 1 Joule per kg
- Equivalent dose (Sievert, Sv) adjusts for biological damage by different types of ionizing radiation using a "quality factor"

QF 1 (β,γ,**X) and 20 (**α**)**

 Effective dose (Sievert, Sv) weights equivalent dose by tissue-specific factors to create a dose figure that standardizes risk

DETERMINISTIC AND STOCHASTIC EFFECTS

- **Deterministic effects:** Early or late effects that have a dose-effect relationship, *i.e.*, a threshold dose and an increase in effect with increasing dose.
 - Harmful, mostly late, tissue reactions
 - Mostly due to cell killing above a threshold (100 mGy or more)
 - New data on **eye** : new dose limit for

occupational exposure (20 mSv/y instead of 150 mSv/y,



- Stochastic effects: Long-term random or chance effects there is no relationship and no lower threshold dose for effects.
 - Cancer and heritable disease
 Assumption Linear No Threshold



EFFECTIVE DOSE: FROM ABSORBED DOSE TO ASSESSMENT OF RISK

Equivalent dose

Mean absorbed dose imparted to tissue (Gy or Sv)

$$E = \sum_{\mathrm{T}} W_{\mathrm{T}} H_{\mathrm{T}} = \sum_{\mathrm{T}} W_{\mathrm{T}} \sum_{\mathrm{R}} W_{\mathrm{R}} \quad D_{\mathrm{T},\mathrm{R}}$$

Radiation quality

Effective dose

Tissue radiosensitivity

- Linear no threshold (LNT) dose-risk relationship
- Stochastic effects
- Not measurable quantity

Credit A. Rannou, IRSN

RADIATION WEIGHTING FACTORS (W_R) ACCORDING TO ICRP

Type and energy range	ICRP 60	ICRP 103
	1991	2007
γ rays	1	1
ß particles	1	1
α particles	20	20

TISSUE WEIGHTING FACTORS (W_T) ACCORDING TO ICRP-103 (2007)

Tissue	Ψ _T	ΣW _T
Bone-marrow (red) , colon, lung, stomach, breast, remainder tissues (14)	0.12	0.72
Gonads	0.08	0.08
Bladder, oesophagus, liver, thyroid	0.04	0.16
Bone surface, brain, salivary glands, skin	0.01	0.04

Irradiation versus contamination

- Irradiation =
 body exposed to external radiation (soil, air)
 AT DISTANCE
- Contamination : radioactive substance
 on the skin (external) and within the body (internal)



Dose assessment parameters for ingestion pathway

$D_{eff-ing} = \Sigma_i \Sigma_j A_{i,j} x Q_j x DCF_i$

D _{eff-ing}	effective dose by ingestion		Sv/y
A _{ij}	radionuclide i massic activity in foodstuff j	Bq/kg	
Qj	Consumption rate of foodstuff j	kg/y	
DCFi	Dose Conversion Factor for radionuclide i		Sv/Bq ingested

Specific Cases:

The potassium concentration is kept constant by humans. The proportion of ⁴⁰K to total K (specific activity: Bq/kg of potassium) is also constant. So the ⁴⁰K whole body activity is constantand leads to to an effective dose of ~ 170 μ Sv/y for an adult (185 μ Sv/y for a child)

For similar reasons, ¹⁴C activity is constant in the human body. This leads to an annual effective dose of ~12 μ Sv/an.

Dose conversion factors for some naturally occurring radionuclides

DCF (µSv/Bq ingested)



Radionuclide $t_{1/2}(p)$		Part of the body considered	$t_{1/2}(\text{eff})$	
T	12.323 y	Body tissue	12 d	241 h
¹⁴ C	5730 y	Fat	12 d	
²⁴ Na	14.96 h	Gastrointestinal tract	0.17 d	
³² P	14.26 d	Bone	14 d	
³⁵ S	87.5 d	Testis	76 d	
⁴² K	12.36 h	Gastrointestinal tract	0.04 d	
⁵¹ Cr	27.7 d	Gastrointestinal tract	0.75 d	
⁵⁵ Fe	2.73 y	Spleen	390 d	
⁵⁹ Fe	44.5 d	Gastrointestinal tract	0.75 d	
⁶⁰ Co	5.272 y	Gastrointestinal tract	0.75 d	
⁶⁴ Cu	12.7 h	Gastrointestinal tract	0.75 d	
⁶⁵ Zn	244.3 d	Total	190 d	
⁹⁰ Sr	28.64 y	Bone	16 y	
⁹⁵ Zr	64.0 d	Bone surface	0.75 d	Table 2
⁹⁹ Tc	$2.1 \cdot 10^5 \text{ y}$	Gastrointestinal tract	0.75 d	Radiot
¹⁰⁶ Ru	373.6 d	Gastrointestinal tract	0.75 d	
¹²⁹ I	$1.57 \cdot 10^7 \mathrm{y}$	Thyroid	140 d	Group
¹³¹ I	8.02 d	Thyroid	7.6 d	Group
¹³⁷ Cs	30.17 y	Total	70 d	Group
¹⁴⁰ Ba	12.75 d	Gastrointestinal tract	0.75 d	
¹⁴⁴ Ce	284.8 d	Gastrointestinal tract	0.75 d	0
¹⁹⁸ Au	2.6943 d	Gastrointestinal tract	0.75 d	Group
²¹⁰ Po	138.38 d	Spleen	42 d	
²²² Rn	3.825 d	Lung	3.8 d	
²²⁶ Ra	1600 y	Bone	44 v	
²³² Th	$1.405 \cdot 10^{10} \text{ v}$	Bone	200 v	
²³³ U	$1.592 \cdot 10^5 \text{ y}$	Bone, lung	300 d	
²³⁸ U	$4.468 \cdot 10^9 \text{ v}$	Lung, kidney	15 d	
²³⁸ Pu	87.74 y	Bone	64 y	
²³⁹ Pu	2.411 · 10 ⁴ y	Bone	200 y	
²⁴¹ Am	432.2 y	Kidney	64 y	in bahi

Effective t_{1/2}

Table 22.4. Physical half-lives $t_{1/2}(p)$ and effective half-lives $t_{1/2}(eff)$ of radionuclides in the human body (ICRP 1993).

Radiotoxicity

Radiotoxicity	Radionuclides and radioelements
Group I: very high	⁹⁰ Sr, Ra, Pa, Pu
Group II: high	⁴⁵ Ca, ⁵⁵ Fe, ⁹¹ Y, ¹⁴⁴ Ce, ¹⁴⁷ Pm, ²¹⁰ Bi, Po
Group III: medium	³ H, ¹⁴ C, ²² Na, ³² P, ³⁵ S, ³⁶ Cl, ⁵⁴ Mn, ⁵⁹ Fe, ⁶⁰ Co, ⁸⁹ Sr, ⁹⁵ Nb, ¹⁰³ Ru, ¹⁰⁶ Ru, ¹²⁷ Te, ¹²⁹ Te, ¹³⁷ Cs, ¹⁴⁰ Ba, ¹⁴⁰ La, ¹⁴¹ Ce, ¹⁴³ Pr, ¹⁴⁷ Nd, ¹⁹⁸ Au, ¹⁹⁹ Au, ²⁰³ Hg, ²⁰⁵ Hg
Group IV: low	²⁴ Na, ⁴² K, ⁶⁴ Cu, ⁵² Mn, ⁷⁶ As, ⁷⁷ As, ⁸⁵ Kr, ¹⁹⁷ Hg

Depends on: Radiation emitted Mode of intake Amount Chemical prop./metabolic affinity Effective t_{1/2}

Actual t_{1/2}

Worldwide average exposures from various sources



However exposure of the public to ionizing radiation varies among countries and inside countries. It greatly depends on location and way of life.

Average Exposure of Public to Ionizing Radiation in the United States Increasing dose from medical





III. Now that we understand exposure and dose, let's look specifically at marine radioecology and the processes of bioaccumulation.

Radionuclide transfer in marine food webs



How Are Radionuclides Taken Up By Marine Organisms?



Relative contributions (%) of three uptake pathways (seawater, food and sediment) to the total bioaccumulation of ¹³⁴Cs in marine organisms



Metian et al., JER, 2016

Main Factors Affecting Bioaccumulation of Radionuclides

Environmental:

Temperature Salinity Trace Metal Competition Oxidation State (chemical form) Organic Complexation Exposure Time

Biological:

Age, size Sex Reproductive State Physiology & Metabolism Food Type Feeding Mode Ingestion Rate Filtering Rate Assimilation Efficiency External Tissue Composition

Concentration Factor

Ratio of radionuclide concentration in organism to radionuclide concentration in ambient sea water

CF = <u>Bq g⁻¹ wet weight of organism</u> Bq g⁻¹ sea water

Assumptions:

- Generally refers to equilibrium situation
- Uptake is from soluble form in water

Uses:

- Compare relative bioavailability of different radionuclides to a given organism
- Compare ability of different organisms to accumulate a given radionuclide
- Through models we can predict the resultant concentration in an organism if the concentration in sea water is known
- To identify potential "bioindicator organisms" for radionuclides

Transfer Factor

Ratio of radionuclide concentration in organism to radionuclide concentration in sediment or food

$TF = \frac{Bq \ g^{-1} \ wet \ weight \ of \ organism}{Bq \ g^{-1} \ sediment \ or \ food}$

Assumptions:

- Generally refers to equilibrium situation

Typical experimental procedure

Contamination via Seawater



From measurements to model: Uptake

Example: Uptake phase with n= 8 individuals



Uptake phase: kinetic parameters

- $CF_t = k_u * t$
- $CF_t = CF_{ss}^*(1 e^{-ket})$ and $CF_{ss} = k_u/k_e$
- CF_t : the concentration factors at time t (d)
- CF_{ss}: the concentration factors at steady state
- k_u : uptake rate constant (d⁻¹)
- K_e : loss rate constant (d⁻¹)
- CF= activity ratio (see previous slides)

Uptake phase: kinetic parameters



Uptake phase: kinetic parameters

•
$$CF_t = CF_{ss}^*(1 - e^{-ket})$$
 and $CF_{ss} = k_u/k_e$



From measurements to model: Depuration



Courtesy of Marc Metian, IAEA Research Scientist

Depuration phase



Depuration phase: kinetic parameters (k_e)

Remaining activities are plotted against time and loss kinetics are described by a one component exponential model

 $\bullet A_t = A_{0s}^* e^{-ke^*t}$

or double- component exponential model

•
$$A_t = A_{0s}^* e^{-kes^*t} + A_{0l}^* e^{-kel^*t}$$

- A_t : remaining activities at time t (%)
- A₀: remaining activities at time t (%)
- K_e : loss rate constant (d⁻¹)

's' and 'l' are the subscripts for 'short-lived' and 'long-lived' components.

Depuration phase: kinetic parameters



Biological meaning > 'short-lived' = Not retained by the organisms 'long-lived' = retained/detoxified/stored

Biological half-life: elimination by biological processes

One component

• $A_t = A_{0s}^* e^{-ke^*t}$

Two components

• $A_t = A_{0s}^* e^{-kes^*t} + A_{0l}^* e^{-kel^*t}$

For each exponential component (s and I), a biological halflife can be calculated (Tb_{1/2s} & Tb_{1/2l}) from the corresponding depuration rate constants ($k_{es} \& k_{el}$) according to:

Example: Depuration phase: kinetic parameters

Example of one or double component models



Example: Uptake kinetics of dissolved Cs during 24-28 days of exposure



Metian et al., JER, 2016

Example: Cs depuration kinetics when maintained for 43 to 62 d thereafter in clean seawater



Metian et al., JER, 2016



Uptake of ²⁴¹Am and ¹³⁴Cs from sea water by the scallop, Pecten maximus (n=9). From Metian et al. 2011



Species dependent **Bioaccumulation** of plutonium from seawater by various marine organisms

Fowler (1983)

Effect of Temperature on Uptake of ⁶⁰Co, ²⁴¹Am and ¹³⁴Cs from Water by Brown Macroalgae (*Fucus vesiculosus*)

> 12 °C (○) 2 °C (●)



For more Information: See compilations



TECHNICAL REPORTS SERIES No. 247

Sediment K_ds and Concentration Factors for Radionuclides in the Marine Environment

INTERNATIONAL ATOMIC ENERGY AGENCY, VIENNA, 1985

TECHNICAL REPORTS SERIES NO. 422

Sediment Distribution Coefficients and Concentration Factors for Biota in the Marine Environment

2004



Concentration Factors and Assimilation efficiencies* of selected radionuclides in different taxonomic groups

Organism	¹³⁷ Cs	²³⁹⁺²⁴⁰ Pu	²⁴¹ Am	²¹⁰ Po
Macroalgae	50	4 000	8 000	1 000
Phytoplankton	20	200 000	200 000	70 000
Zooplankton	40	4000	4000	30 000
_	-	0.8 - 1	0.9 - 10	20 - 55
Decapod	50	200	400	20 000
crustaceans	-	10 - 60	8 - 58	35
Molluscs	60	300	1 000	20 000
	3 - 4	0.9	0.6 - 38	17
Cephalopods	9	50	100	20 000
	23 - 29	-	51 - 60	-
Teleost fish	100	100	100	2 000
	42 - 95	0.1 - 1	0.7 - 6	5

* AE=The fraction of ingested food that is absorbed and used in metabolism

Transfer factors* of radionuclides accumulated from contaminated sediments

Organism	Uptake	²³⁹⁺²⁴⁰ Pu	²⁴¹ Am	¹³⁷ Cs	⁶⁰ C0	
	(days)					
Worms						
Nereis	11-50	0.0016	0.0009	0.2	0.06	
Arenicola	14	0.002	0.003			
Clams	40.50	0.006	0.004.0.02	periwinkle amphipod kingr laver spire shell		mussel bank
Scrobicularia	14	0.000	0.004-0.02	-10 cm	baltic tellin	tube worm
					lugworm	
Isopod Cirolana	40-50		0.006-0.032			
Amphipod Corophium	14	0.10	0.11			

* Transfer factor = Bq g^{-1} organism wet weight / Bq g^{-1} wet sediment

Distribution of ^{134,137}Cs and ⁹⁰Sr in fish tissues



¹³⁷Cs is analog to ⁴⁰K

⁹⁰Sr is analog to Ca

2 years after the Fukoshima accident

Johansen et al., EST, 2015

¹³⁷Cs activities (dry weight) in different size classes of male and female European Hake



Numbers in bars = no. of individuals analyzed. Significance of male-female difference: ns = not significant, * = p < 0.05, ** = p < 0.01 *Harmelin-Vivien et al.* 2012

Survey in an accidental case : The Fukushima Dai-ichi Nuclear Power Plant Example : radiocesium in fish from the Fukushima prefecture



Do radionuclides biomagnify in marine food chains ?

Biomagnification = concentration of a substance increasing in the organisms at successively higher levels in a food chain

A limited number of substances do magnify in marine food chains, the most 'famous' ones being mercury, PCB or DDT.

Regarding radionuclides cesium is one which demonstrates a limited biomagnification.



Po (highly toxic natural radionuclide) in marine food chains Example of an element with <u>no biomagnification</u>



Data from Carvalho, JER, 2011

Environmental monitoring

Bioindicators (monitors)

Organisms that can be used to determine the concentration of a chemical in the environment and has both large geographic and permanent distributions.

Mollusc : Mytilus



Algae : Fucus



MEDITERRANEAN MUSSEL WATCH



IV. What about the Radioprotection of the Environment? Ecological risk assessment and management



Radiological protection and the environment Changing perspectives from anthropocentric to ecocentric

"Although the principal objective of radiation protection is the achievement and maintenance of appropriately safe conditions for activities involving human exposure, the level of safety required for the protection of all human individuals is thought likely to be adequate to protect other species, although not necessarily individual members of those species The Commission therefore believes that if man is adequately protected *then other living things are also likely to be sufficiently protected.*" (ICRP, 1977)

"The Commission believes that the standard of environmental control needed to protect man to the degree currently thought desirable will ensure that other species are not put at risk. Occasionally, individual members of non-human species might be harmed, but not to the extent of endangering whole species or creating imbalance between species." ICRP Publication 60 (1991)

It has been shown that practices such as disposal of radioactive waste into the deep sea (i.e., remote areas) could, <u>in theory</u>, deliver very high dose rates to the benthic fauna whilst maintaining dose rates to man well below the dose limits for human exposure currently recommanded by the ICRP (Pentreath, 1998).

Also increasing regulatory weight for the protection of the environment

So Radioprotection pay more attention on developping environmental criteria for biota

What we know regarding the effects on organisms:

Acute ionizing radiation exposures



Acute lethal dose (Gy)

Chronic Exposure

Zones of dose rates and their effects to the biosphere (Polikarpov, Radiat. Protec. Dos., 1998)



The ERICA tool, the 1st European answer towards demonstration of environmental protection

• The outcome of a suite of european research programmes:

2004-2007 (first release) ERICA: Environmental Risk from Ionising Contaminants: Assessment and Management

- A free software that has a structure based upon a tiered Integrated Approach to assessing the radiological risk to terrestrial, freshwater and marine <u>biota</u>
- A tool based on a reference organism approach based on biological effects on individual marine biota
- Updated in 2008, 2009, 2011, 2012, 2014 and 2016.
- Website : www.erica-project.org

The ERICA tool: Based on reference organisms

"a series of entities that provide a basis for the estimation of radiation dose rate. These estimates, in turn, provide the basis for assessing the likelihood and degree of radiation effects to a range of organisms which are typical, or representative of a contaminated environment."

- Radiosensitivity,
- Ecological sensitivity,
- Ecological significance



Suggested screening benchmark: 10 µGy h⁻¹ to protect the structure and functions of a generic ecosystem

Reference organisms
Phytoplankton
Brown algae
Vascular plant
Zooplankton
Polychaete worm
Bentgic mollusc
Crab
Flat fish
Pelagic fish
Duck
Mammal
Turtle
Sea anemones & True corals

The ERICA tool: An iterative process



Inappropriate/incomplete conceptual models (methodology mismatched with objectives)



²¹⁰PO Worldwilde : A large variety of radionuclides coming 14C from various sources (natural, man-made) 90Sr

- They are bioaccumulated by marine organisms
- BUT Bioaccumulation depends on :
- the marine organism
- the radionuclide
- environmental parameters (temperature, salinity..)
- SO IT IS COMPLEX....

Dose to man and biota mainly arise from natural sources



