Dr. Claudia Benitez-Nelson

University of South Carolina cbnelson@geol.sc.edu

UNIVERSITY OF SOUTH CAROLINA

Understanding The Basics of Radioactivity

In order to understand how radionuclides can be used in our environment, we must first understand:

- 1) The basics of why radioisotopes exist,
- 2) What is radiation and radioactive decay,
- 3) Key equations used to describe the radioactive decay process

Why do we care?

Medicine X Rays Cancer treatments

Industrial Applications Sterilization of food, insects, etc. Power

Marine Science Applications

Age Dating Proxies & Tracers

The Basics: What is in atom?

 $N =$ Neutrons, neutral charge mass_N = 1.008665 amu $Z =$ Protons (Atomic #), $e =$ electrons, negative charge mass_e = 5.485 x 10⁻⁴ amu $A =$ Atomic Mass = N + Z

So 23_{11} Na has an A = 23, $Z = 11$, and $N = 12$

Isotopes have identical chemical properties but a different relative atomic mass. While the number of protons is the same, the number of neutrons in the nucleus differs.

positive charge mass_{z} = 1.007825 amu

Each pie chart shows the relative abundance of *naturally occurring* **isotopes (both stable and long-lived unstable) of each element**

Chart of the nuclides:

Some lightweight isotopes are unstable or **radioactive** but, *all* elements that have an atomic number > 82 are radioactive.

Radioactivity – spontaneous change in the structure of the nucleus resulting in the transformation of the nucleus and the emission of particles (**radiation**) from the nucleus.

This results in a loss of energy that changes the nucleus to a more stable configuration.

There are different kinds of radiation.

Radiation is energy in the form of high speed particles (or electromagnetic waves). It can be ionizing or non-ionizing.

As you move from left to right, (the distance between each peak or trough) in meters **the wavelength** gets smaller. For example, the wavelength of cosmic rays is 10^{-14} meters; visible wavelengths are 10^{-6} meters; radio waves are 1 meter.

There are many different types of non-ionizing radiation, but all lack the energy to alter atoms (e.g., visible light and microwaves).

Ionizing radiation has enough energy to ionize atoms and therefore can change the normal cellular functioning.

Ionizing radiation is categorized by its strength or energy level and *it is these particles that are emitted from an unstable or radioactive nuclide*

The Discovery of Radioactivity: Best Failure Ever

Henri Becquerel in 1896.

He exposed potassium uranyl sulfate to sunlight and then placed it on photographic plates wrapped in black paper, believing that the uranium absorbed the sun's energy and then emitted it as x-rays.

This hypothesis was disproved on the 26th-27th of February, when his experiment "failed" because it was overcast in Paris. For some reason, Becquerel decided to develop his photographic plates anyway. To his surprise, the images were strong and clear, proving that the uranium emitted radiation without an external source of energy such as the sun. Becquerel had discovered radioactivity.

Won the Nobel Prize in Physics in 1903

So where did all of these elements come from and why do radioactive elements exist in nature?

The elements highlighted in **red** are the ones we are most interested in for Marine Science

Nuclear Synthesis: For our purposes a galaxy is just a large collection of gas which is gravitationally bound. This gas eventually clumps to make stars.

Elements are formed in 2 ways **FUSION** and **NEUTRON CAPTURE**

All stars derive their energy *through the thermonuclear fusion of light elements in to heavy elements.*

FUSION: protons, neutrons and small elements crashing together to make bigger elements (very energetic process).

This cycle yields about \sim 25 MeV (9.6 x 10⁻¹³ calories) of energy....

**Summary of Fusion Reactions in
Stellar Interiors: Stellar Interiors:**

Hydrogen Burning (> 3,000,000 K)

1) $P + P \rightarrow {}^{2}H +$ positron + Energy 2) ${}^{2}H + P \rightarrow {}^{3}He +$ Energy 3) 3 He + 3 H \rightarrow 4 He + P + P + Energy

Carbon Nitrogen Cycle (> 10,000,000 K)

1) ${}^{12}C + P \rightarrow {}^{13}N +$ Energy (1.95 MeV) 2) $13N \rightarrow 13C +$ positron + Energy 3) $13C + P \rightarrow 14N + Energy$ 4) $14N + P \rightarrow 15O + Energy (7.35 MeV)$ 5) $150 \rightarrow 15N +$ positron + Energy 6) $15N + P \rightarrow 12C + 4He + Energy (4.96 MeV)$

Here $P =$ Proton

Note that during this process, some of the neutrons that are added (which creates an isotope of the same element), converts to a proton, thus changing the element!

Oxygen Burning (> 2,000,000,000 K)

```
1) ^{16}O + ^{16}O \rightarrow ^{32}S + Energy
2) 16O + 16O \rightarrow 31P + P + Energy (7.678 MeV)3) 16O + 16O \rightarrow 31S + 4He + Energy (1.500 MeV)4) 160 + 160 \rightarrow 28Si + 4He + Energy (9.594 MeV)
```
Silicon Burning (> 3,000,000,000 K)

```
1) ^{28}Si + ^{28}Si \rightarrow 7 (<sup>4</sup>He) + Energy
2) ^{28}Si + 7 (<sup>4</sup>He) \rightarrow <sup>56</sup>Ni + Energy
3) ^{28}Si + {}^{28}Si \rightarrow {}^{56}Ni + Energy
4) 56Ni \rightarrow 56Co + positron + Energy
5) 56Co \rightarrow 56Fe + positron + Energy
```
 $56Fe = 26$ Protons + 30 Neutrons $56Co = 27 P + 29 N$ 56 Ni = 28 P + 28 N

After Fe, fusion becomes increasingly difficult…

Neutron Capture (less energetic): Two processes:

R-process --> Rapid = capture of a neutron before a neutron to proton decay can occur (neutron $t_{1/2}$ = 12 -15 minutes!!)

S-process --> Slow = Neutron capture --> decays into proton --> another neutron is captured

Put it all together….

These were generated during Supernovae and now only produced artificially

What are the characteristics of a nucleus that determines stability? Four main processes….

1) Spin Pairing (+)

Neutrons and protons are *fermions*. They have a spin $(\pm \frac{1}{2})$ and they like to form pairs (Pauli Exclusion Principle)

H, Li, B, N, Ta

2) Shell Binding (+)

Orbitals (electronic and nuclear) like to be filled! "Magic Numbers" are when those orbitals are completely filled.

2 (S), **8** (S+P), **20** (S+P+D), **28**, **50**, **82**, **126**

For example

¹⁹K has 3 stable isotopes **²⁰**Ca has 6 stable isotopes **MAGIC!** 21Sc has 1 stable isotope

3) Surface Tension (-)

Surface tension is related to size. The higher the number of neutrons and protons, the lower the surface tension.

4) Coulomb Repulsion (-)

Like charges repel, meaning that a nucleus with more protons has more internal repulsion. As a result, it is easier to add neutrons (no charge) versus protons which are + charged!

Binding Energy reflects these four processes and is the energy that would be required to disassemble the nucleus of an atom into its component parts (be it protons, atoms, etc).

Ever notice that when you add the number of protons and neutrons together in an atom and compare it to what it actually weighs, you get MORE?

This is called the **mass defect =** ∆**M.**

EXAMPLE:

 23 ₁₁Na = (11 x 1.007825) + (12 x 1.008665) = 23.19006 amu

Actual 23 11Na = 22.98977 amu ∆ **M = 0.20236 amu**

Theory of Relativity!! **Energy Released =** ∆**Mc2**

Where **c** is the speed of the light

Magic Numbers Curve of the Binding Energy per nucleon

One last process….**Fission**.

Either a nuclear reaction or a *radioactive decay process* in which the nucleus of an atom splits into smaller parts (lighter nuclei). The fission process often produces free neutrons and photons and releases a very large amount of energy even by the energetic standards of radioactive decay.

Element Abundance therefore depends on a mixture of Binding Energy and formation mechanisms.

- abundances of first 50 elements decrease exponentially with atomic #
- abundances of the heavier elements *independent* of atomic number
- note anomalously high abundance of Fe

So now that we know HOW radioactive elements formed and why they exist in nature, let's examine the specific decay mechanisms that remove their excess energy to become more stable.

Alpha Decay

Emission of a helium nucleus, which contains two protons and two neutrons (but no electrons).

$$
^{238}_{92}U \rightarrow ^{234}_{90}Th + ^4_{2}He + \gamma + \text{Energy}_{\text{gamma}}
$$

^α*-*particle takes most (but not all) of the decay energy (it is the lightest)

Alpha decay occurs predominantly with A > 82 and is specific to the radionuclude

1) ${}^{14} {}_{6}C \rightarrow {}^{14} {}_{7}N + \beta {}^{1} + \nu + \gamma +$ *Energy* (Negatron) *neutrino*

Conversion of a neutron into a proton and a beta particle escapes (a highenergy electron) from the nucleus. Note that the *mass* number *does not change* and there is a negligible effect on atomic weight.

$$
2)^{40}_{19}K + \beta^{-} \rightarrow ^{40}_{18}Ar + \text{Energy} \quad \text{(Electron Capture)}
$$

Only occurs predominantly with nuclei that have excess neutrons above a stable conformation

Beta particles are emitted with a range of energies

Remember the Conservation of Momentum Law???

Now have *three* particles to deal with:

$$
{z}P{\text{arent}} \rightarrow {}_{z+1}D_{\text{aughter}} + \beta + \nu
$$

Isaac Newton

This results in an *infinite* number of ways to share momentum

Gamma Decay

Conversion of nuclear energy to electromagnetic energy (and the loss of energy (photon) from a neutron), note that the atomic number *does not change*.

Nearly always occurs with alpha and beta emissions and energy is specific to the radionuclide

Alpha (α**) particles** Most densely ionizing, but least penetrating. This means that cells can be protected or shielded from damage by alpha particles by clothing. Even the dead outer layer of your skin will protect you from damage from alpha particles. However, if alpha emitters are inhaled or ingested or get into a cut on the skin, they can cause damage to cells. As alpha particles are emitted inside the body, the surrounding cells are damaged.

Beta (β**) particles** More energetic. Can travel several feet through air, but are stopped with denser materials such as wood, glass or aluminum foil depending on their energy. They can travel a few mm inside tissue.

Gamma (γ**) rays** High-energy electromagnetic energy waves and the most penetrating type of radiation. Cells must be shielded from gamma rays with concrete, lead or steel. Not all may do cellular damage, but they must interact with the material to do so.

There are many different types of particles that are emitted from the nucleus during radioactive decay.

A single radioisotope can decay by many pathways….. but they are **SET** pathways!

Chart of the Nuclides

<http://www.nndc.bnl.gov/chart>

U-Th series decay chains

Chemical Reactivity in Marine System

Radioactive Decay: How does the process actually work?

Radioactive decay is a *game of chance*. Once cannot pick out a single nucleus and predict how long it will be until it undergoes radioactive decay. However, each unstable nucleus has a specific probability of decaying in a given time interval. *In sufficient numbers*, the **probability** of decay becomes well defined.

https://www.mathsisfun.com/data/standard-normal-distribution.html

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What does this mean?

Radionuclides act as **CLOCKS** or **RATE TRACERS** on a variety of processes

The "classic" radioactive decay equation

Radioactive decay is a rate function.

$$
\frac{dN}{dt} = -\lambda N =
$$
Activity

 $N =$ number of atoms λ = radioactive decay constant N_0 = number of atoms at time = 0

 $\lambda = 0.693/t_{\frac{1}{2}}$

 t_{γ} = time it takes for half of the initial number of atoms to decay away.

 $T = 1/\lambda$ = mean life of a radionuclide

The basic equation for radioactive decay!!

By comparing the number of parent and daughter atoms in a sample, we can estimate the amount of time since the sample was created. In the animation, the **radioactive isotopes** are represented by **red** circles, the **decay products** are the **blue** circles and the **neutral** isotopes are the **green** circles.

Case of a stable daughter (Geochronology in a nutshell)

 $P(\text{arent}) \rightarrow D(\text{aughter})$ Each parent atom which decays produces a stable daughter atom. $N_p^t = N_p^0 e^{-\lambda t}$

Because each parent atom that is lost to decay produces a daughter atom, we should be able to determine the number of parent atoms at $t = 0$ by summing the number of parent atoms present today and the number of daughter atoms produced by decay of the parent since $t = 0$.

 $N_p^0 = N_p + N_d^*$ (* refers to a radiogenic daughter, i.e. daughers produced by radioactive decay)

$$
N_p^0 = \frac{N_p^t}{e^{-\lambda t}} = N_p e^{\lambda t} = N_p + N_d^*
$$

$$
N_d^* = N_p e^{\lambda t} - N_p = N_p (e^{\lambda t} - 1)
$$

Calculate the time (t) elapsed since the composition of the sample was fixed solve the equation for t.

$$
t = \frac{1}{\lambda} \ln \left[1 + \frac{N_d^*}{N_p} \right]
$$

The total number of daughter atoms equals those present initially plus those produced by decay of the parent since the composition of the sample was fixed. **What if you have other daughter atoms???**

In most cases: This is the

$$
N_d = N_d^0 + N_d^*
$$

$$
N_d = N_d^0 + N_p(e^{\lambda t} - 1)
$$

Measure N_{d} and $\mathsf{N}_{\mathsf{p}},$ BUT $\boldsymbol{ESTIMATE}\ \mathsf{N}_{\mathsf{d}}^{\mathsf{0}}$

Let's get more complicated.

 N_1, λ_1 N_2, λ_2 N_3, λ_3

The Case of the Radioactive Daughter……. $\begin{array}{ccccccc} \mathsf{A} & & \rightarrow & & \mathsf{B} & & \rightarrow & & \mathsf{C} & & \rightarrow & \dots \dots \dots \end{array}$

Daughter B forms at the rate of parent A decay, but B also decays. How do we find the activity of B at a particular time (The Bateman Equations)?

$$
\frac{dN_2}{dt} = \lambda_1 N_1 - \lambda_2 N_2
$$

$$
N_2 = \frac{\lambda_1}{\lambda_2 \lambda_1} N_1^0 [e^{-\lambda_1 t} - e^{-\lambda_2 t}] + N_2^0 e^{-\lambda_2 t}
$$

Case of the Radioactive Daughter…….

4 cases:

- 1. $N_1t_{1/2}$ < $N_2t_{1/2}$. The half life of the parent is shorter than that of the daughter.
- 2. $N_1t_{1/2} \sim N_2t_{1/2}$. The half lives of the parent and daughter are similar.
- 3. $N_1t_{1/2} > N_2t_{1/2}$. The half life of the parent is longer than that of the daughter.
- 4. $N_1t_{1/2}$ >> $N_2t_{1/2}$. The half life of the parent is much longer than that of the daughter.

Case 1: $_{N1}t_{\frac{1}{2}}$ < $_{N2}t_{\frac{1}{2}}$. The half life of the parent is shorter than that of the daughter.

Time (minutes)

Case 2: $N_1t_{1/2}$ \sim $N_2t_{1/2}$. The half lives of the parent and daughter are similar.

Time (hours)

Case 3: $N_1t_{1/2}$ > $N_2t_{1/2}$. The half life of the parent is longer than that of the daughter.

Case 4: $N_1t_{1/2}$ >> $N_2t_{1/2}$. The half life of the parent is much longer than that of the daughter.

For the naturally occurring radionuclides: **238U, 235U, and 232Th** the half-lives of the parent nuclides are **much much longer** than their daughter products.

Case 4: $^{N1}t_{\frac{1}{2}} \gg^{N2}t_{\frac{1}{2}}$. The half life of the parent is much longer than that of the daughter.

$$
\frac{dN_2}{dt} = \lambda_1 N_1 - \lambda_2 N_2 \longrightarrow N_2 = \frac{\lambda_1}{\lambda_2 \lambda_1} N_1^0 [e^{-\lambda_1 t} - e^{-\lambda_2 t}] + N_2^0 e^{-\lambda_2 t}
$$

When
$$
\lambda_1 \ll \lambda_2 \implies \lambda_1 N_1 = \lambda_2 N_2
$$

\n $A_1 = A_2$

Secular Equilibrium

$$
\lambda_1 \mathbf{N}_1 = \lambda_2 \mathbf{N}_2 = \lambda_3 \mathbf{N}_3 = \lambda_4 \mathbf{N}_4 = \dots
$$

$$
\mathbf{A}_1 = \mathbf{A}_2 = \mathbf{A}_3 = \mathbf{A}_4
$$

Activity takes into account the radioactive decay component (and is what we actually measure)

Units of Radioactivity

• Curie (Ci)

Originally based on disintegration rate of 1 g of radium, now defined as quantity of any radioactive nuclide in which the number of disintegrations per second (dps) is 3.7 x 1010

- **Becquerel (Bq)**
	- **The SI unit, defined as 1 dps**
- **Disintegrations per minute (dpm)**
	- The favorite unit for oceanographers
- Sievert $(Sv) = is$ dose and is the SI unit
	- Sv = equivalent dose, effective dose, and operational dose

Example: Consider the 232 Th decay to 224 Ra

Here are the number of atoms typically found in marine systems

> Activity = $N\lambda$ λ = 0.693/t_{1/2} Where N = # of atoms, λ = decay constant, and t_{1/2} = the half-life

²²⁴Ra t_{1/2} = 3.7 days ²³²Th t_{1/2} = 1.4 x 10¹⁰ years

The plot of parent and daughter activity in secular equilibrium is:

Summary

- 1) Radioisotopes exist and decay using a variety of pathways that are known and measureable.
- 2) There are key equations used to describe the radioactive decay process and these equations can be vastly simplified under certain conditions

Any Questions?